1 Introduction

This Policy, in line with Audit Commission recommendations, supports the optimum, safe use of PODs and an overall reduction in medicines expenditure and waste.

Benefits to nursing staff include a reduction in the amount of medicines to be ordered, fewer missed doses, and faster discharge (and therefore fewer complaints from patients). Assessment of POD may also be the first step in setting up a patient self administration scheme.

The Pharmacy Department must be consulted / provide the required training before a POD assessment can take place on a ward.

2 Policy Aim

This Policy outlines how patients’ own drugs (PODs) are to be:
- received into the Trust
- assessed / identified as being suitable for use
- disposed of if unsuitable
- transferred between wards
- returned to the patient at discharge

3 Policy Scope

This Policy relates to licensed medicinal products and is intended for nursing staff and should be read in conjunction with the Patient Self Administration of Drugs in Hospital Policy and the Medicine Policy.

Herbal or homoeopathic medicines should only be used with agreement of the responsible consultant. Cannabidiol (CBD) based oil products obtained from a reputable source (e.g. health food shop) that do not contain tetrahydrocannabinol (THC) should be treated as a herbal product (e.g. returned to relatives). If a patient presents with a cannabis based oil product containing THC it must be stored in the controlled drugs cupboard and a pharmacist must be contacted.

4 Definition

Throughout the Policy “labelled medicines” refer to medicines that are labelled by a pharmacy with details of the patient name, drug name and strength, directions for use, date dispensed and name and address of supplying pharmacy.
5 Policy

5.1 Receiving PODs into the Trust

Green POD bags are to be carried by all North East Ambulance Service ambulances for use during non-elective hospital admissions. They are to be distributed at pre-assessment / Outpatient clinics to all elective patients. The patient's medication will therefore normally be brought into hospital in these green POD bags. (N.B. this does not negate the need for careful checking on receipt onto the ward).

Responsibilities of Admitting Nurse:
- It is the responsibility of the admitting nurse to add the patient's addressograph label to the green POD bag as soon as possible in order to minimise the risk of the drugs being mixed-up or lost.
- If the patient does not have a green POD bag they should be given one with their addressograph label stuck on. Any medication they have with them (except controlled drugs) must then be placed in that bag. Patients' own controlled drugs must be stored in the controlled drugs cupboard as per Medicine Policy.
- The patient must be informed that their green POD bag and medicines (except controlled drugs) will be stored in their locked bedside medication locker.

Pre-Assessment Clinic Staff
- A green POD bag, with an addressograph label attached, must be issued to all patients when they attend clinic. This will need to be rechecked on admission in case there are any changes in details e.g. change of address/GP.
- Patients will be instructed to bring a sufficient supply of their medication (in the labelled original container) into hospital with them in the green POD bag. They must also bring items that the medical staff have asked them to stop prior to the procedure, e.g. warfarin.

5.2 Assessing PODs for suitability for use

On identified wards where medication changes during admission are infrequent (and therefore pharmacy input is not required) PODs will be assessed by nursing staff.

5.2.1 PODs can only be used if they meet the following criteria:
- The patient is correctly prescribed the medicine on the inpatient drug chart (if not confirm the medicine has been intentionally discontinued and if an accidental omission is identified ensure the medicine is prescribed).
- It can be confirmed that the medicine has been stored appropriately prior to admission (e.g. refrigerated medicines have been stored in the refrigerator).
• The medication (and label if present) appears clean and of an acceptable standard for use.
• For unlabelled items the medicine is in its original manufacturer's packaging (e.g. foil strips, inhalers) such that the identity of the medicine and its expiry date can be determined.
• For labelled boxes containing a medicine in its original manufacturer's packaging that the drug name, form and strength on the label match the medicine contained in the box.
• It can be determined from the packaging (or label if required) that the expiry falls within the criteria outlined in Appendix 1.

5.2.2 Other considerations:
• PODs that do not have an appropriate label attached (e.g. lose strip of medicines or multiple medications stored in the same container for example a Medibox) must not be routinely used.
• If a POD is not appropriately labelled and not stocked in the hospital, pharmacy should be contacted at the earliest opportunity (including out of hours) to agree an appropriate course of action which may include secondary dispensing.
• Patient’s own controlled drugs can be utilised as per other drugs during inpatient stay / discharge but records of receipt / issues must be recorded in the "Patients’ Own Controlled Drug Book" as outlined in the Medicine Policy, and they must be stored in the ward controlled drug cupboard.

5.2.3 Identification / storage of PODs deemed suitable for use
• PODs deemed suitable for use must be stored in the individual bedside medication locker. Exceptions include controlled drugs, medicines requiring cold storage and medicines that may be urgently required by the patient, e.g. GTN spray, reliever inhaler.

5.3 Disposal of PODs deemed unsuitable for use.
• PODs deemed unsuitable for use (including controlled drugs) should be disposed of in accordance with the Medicines Policy.

5.4 Transfer of PODs between wards.
• PODs are the patients’ property and therefore they must be transferred (in the green POD bag) with the patient and the patient’s personal belongings if the patient is transferred to another ward.
• If the patient does not have a green POD bag then one must be supplied with the patient’s addressograph label attached.

5.5 Use of PODs on discharge
• On identified wards where medication changes during admission are infrequent (and therefore pharmacy input is not required) nursing staff will check PODs are suitable for issue at discharge (i.e. directions on the label match the prescribed dose) in accordance with the “Checking Procedure For Discharge Prescriptions” in the Medicine Policy.

6 Key Custody – Individual bedside lockers

• This section should be read in conjunction with the “Custody and Storage” section of the Medicine Policy.
• Each ward will have 2-3 (depending on how many staff are likely to administer medicines at the same time) clearly labelled master keys for their individual patient bedside medication lockers.
• The responsibility for the safe custody of these master keys lies with the nurse in charge of the ward but all staff must be made aware of the security risk posed if a master key is lost or stolen.
• At the end of each shift master keys must be formally handed over to the appropriate nurse coming on duty.
• On any occasion when a master key is lost or stolen it must be reported through the Trust’s incident reporting system and a prompt and thorough investigation initiated involving pharmacy and the manager of the area (as outlined in the Medicine Policy).
• If required / appropriate a spare key may be accessed via Patient Services Co-ordinators who hold spare keys in an appropriate location under approved safeguards.

7 Monitoring

<table>
<thead>
<tr>
<th>Standard / process / issue</th>
<th>Monitoring and audit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Method</td>
<td>By</td>
</tr>
<tr>
<td>Audit re-use of patient’s own drugs on Assessment Suit over a two week period.</td>
<td>Pharmacy</td>
</tr>
<tr>
<td></td>
<td>Committee</td>
</tr>
<tr>
<td></td>
<td>Audit data will be reported to the Medicines Management Committee</td>
</tr>
<tr>
<td></td>
<td>Frequency</td>
</tr>
<tr>
<td></td>
<td>Annual</td>
</tr>
</tbody>
</table>

8 Consultation and Review

Consultation and review included senior nursing and pharmacy staff and was ratified by the Medicines Management Committee.
## Appendix 1

### Expiry Date Criteria

<table>
<thead>
<tr>
<th>Product Type</th>
<th>Expiry Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tablets</td>
<td>Manufacturer’s expiry (or if unknown, dispensed in the last 6 months)</td>
</tr>
<tr>
<td>Inhalers</td>
<td>Manufacturer’s expiry</td>
</tr>
<tr>
<td>Suppositories/pessaries</td>
<td>Manufacturer’s expiry</td>
</tr>
<tr>
<td>Creams</td>
<td>1 month after opening (or if unopened manufacturer’s expiry)</td>
</tr>
<tr>
<td>Eye and ear drops</td>
<td>2 weeks after opening (or if unopened manufacturer’s expiry)</td>
</tr>
<tr>
<td>Liquids/syrups</td>
<td>1 month from the date of dispensing (or stated expiry date)</td>
</tr>
<tr>
<td>Insulin</td>
<td>1 month after opening (or if unopened manufacturer’s expiry)</td>
</tr>
</tbody>
</table>

### Specific medicines

<table>
<thead>
<tr>
<th>Product Type</th>
<th>Expiry Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>GTN spray</td>
<td>Manufacturer’s expiry date</td>
</tr>
<tr>
<td>GTN tablets</td>
<td>6 weeks after opening (or if unopened manufacturer’s expiry)</td>
</tr>
<tr>
<td>Persantin Retard</td>
<td>6 weeks after opening (or if unopened manufacturer’s expiry)</td>
</tr>
<tr>
<td>Nicorandil</td>
<td>Not to be used if the foil strip has been cut</td>
</tr>
</tbody>
</table>
PART 1

1. **Assessment Date:** 10.10.18

2. **Name of policy / strategy / service:**
   Use of Patients’ Own Drugs

3. **Name and designation of Author:**
   Steven Brice, Assistant Director of Pharmacy

4. **Names & designations of those involved in the impact analysis screening process:**
   Steven Brice, Assistant Director of Pharmacy

5. **Is this a:**
   - Policy: x
   - Strategy: 
   - Service: 

   **Is this:**
   - New: 
   - Revised: x

   **Who is affected**
   - Employees: x
   - Service Users: x
   - Wider Community: 

6. **What are the main aims, objectives of the policy, strategy, or service and the intended outcomes?** (These can be cut and pasted from your policy)
   This policy outlines how patients’ own drugs should be received into the Trust, assessed / identified as being suitable for use, disposed of if unsuitable, transferred between wards and returned to the patient at discharge.

7. **Does this policy, strategy, or service have any equality implications?**
   Yes [ ] No [x]

   If No, state reasons and the information used to make this decision, please refer to paragraph 2.3 of the Equality Analysis Guidance before providing reasons:
   This Policy states what is expected of all Trust staff involved in receipt, assessment, use and disposal of patients’ own drugs.
8. Summary of evidence related to protected characteristics

<table>
<thead>
<tr>
<th>Protected Characteristic</th>
<th>Evidence, i.e. What evidence do you have that the Trust is meeting the needs of people in various protected Groups</th>
<th>Does evidence/engagement highlight areas of direct or indirect discrimination? If yes describe steps to be taken to address (by whom, completion date and review date)</th>
<th>Does the evidence highlight any areas to advance opportunities or foster good relations. If yes what steps will be taken? (by whom, completion date and review date)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Race / Ethnic origin (including gypsies and travellers)</td>
<td>Staff are expected to comply with policy irrespective of their race / ethnic origin.</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Sex (male/ female)</td>
<td>Staff are expected to comply with policy irrespective of their sex.</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Religion and Belief</td>
<td>Staff are expected to comply with policy irrespective of their religion and belief.</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Sexual orientation including lesbian, gay and bisexual people</td>
<td>Staff are expected to comply with policy irrespective of their sexual orientation.</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Age</td>
<td>Staff are expected to comply with policy irrespective of their age.</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Disability – learning difficulties, physical disability, sensory impairment and mental health. Consider the needs of carers in this section</td>
<td>Staff with physical disabilities will be expected to comply with policy. Staff with learning difficulties, sensory impairment and mental health may be excluded from being involved in the use of patients’ own drugs. This is appropriate from a safety perspective.</td>
<td>Staff with learning difficulties, sensory impairment and mental health may be excluded from the policy; this is on the grounds of safety.</td>
<td>No</td>
</tr>
<tr>
<td>Gender Re-assignment</td>
<td>Staff who have had gender re-assignment are expected to comply with policy.</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Marriage and Civil Partnership</td>
<td>Staff are expected to comply with policy whether they are married, in a civil partnership or single.</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Maternity / Pregnancy</td>
<td>Staff are expected to comply with policy when pregnant.</td>
<td>No</td>
<td>No</td>
</tr>
</tbody>
</table>

9. Are there any gaps in the evidence outlined above? If ‘yes’ how will these be rectified?

No

10. Engagement has taken place with people who have protected characteristics and will continue through the Equality Delivery System and the Equality Diversity and Human Rights Group. Please note you may require further engagement in respect of any significant changes to policies, new developments and or changes to service delivery. In such circumstances please contact the Equality and Diversity Lead or the Involvement and Equalities Officer.
Do you require further engagement?  Yes  No  x

11. Could the policy, strategy or service have a negative impact on human rights? (E.g. the right to respect for private and family life, the right to a fair hearing and the right to education?)

No.

PART 2

Name:  Steven Brice

Date of completion:  10.10.18

(If any reader of this procedural document identifies a potential discriminatory impact that has not been identified, please refer to the Policy Author identified above, together with any suggestions for action required to avoid/reduce the impact.)