

Parkinson's Disease

Information for patient's and carers

The following information is intended to inform you of the Parkinson's disease services available in Newcastle and how to contact us. You will also receive other information about Parkinson's Disease to accompany this leaflet.

What support will I receive in Newcastle?

There is a lot of support available for patients and carers in Newcastle and the surrounding area. This will depend on your individual needs.

1. Your GP is responsible for prescribing medications and should be the first port of call for help and advice.
2. More specialist care is provided by the specialist nurses. They play a key long term role in coordinating assessment and treatment and will organise access to other members of the team when you need them. Between your scheduled clinic visits with the specialist nurses, they offer a more rapid access telephone clinic (helpline) 0191 282 3282 on Mondays 13:30 – 14:30 and Wednesday and Fridays from 9:30 – 11:00.
3. We run Wednesday afternoon clinics at the RVI with the entire team present. When you are stable and on treatment it is likely you will attend this clinic annually. If there are any problems you may be seen more often.

The Parkinson's Disease Team

Doctors

Professor D J Burn
Dr P Goldsmith
Dr N Warren

Specialist Nurses

Una Brechany
Trish McGee
Sharon Reading

We also have junior doctors including research doctors, physiotherapists and speech and language therapists.

Other sources of advice;

Parkinson's UK (Formerly known as the Parkinson's Disease Society)

Helpline: 0808 800 0303

Email: hello@parkinsons.org.uk

Website: www.parkinsons.org.uk – here you can fill in an online consultation/advice form.

This is the most reliable internet source of information and you may wish to join the society or attend any local meetings.

Can I be involved in research trials?

Yes. The Newcastle Upon Tyne Hospitals NHS Foundation Trust and Newcastle University are internationally recognized for their research in Parkinson's disease and are involved in many research trials. You may be suitable for one or more of these trials. There is no pressure on you at all to take part. Those involved do not benefit financially or receive better NHS treatment. If you would like to register your details or for more information see the DeNDRoN leaflet attached. Please ask any of the team for more details of current trials. If you do not register to take part in research trials, this will in no way affect the quality of the care you receive.

We hope this information is helpful, if you have any further questions please ask a member of the team in clinic or via the helpline mentioned above on 0191 282 3282

For administration queries contact the secretary on 0191 282 3331.

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