

Patient Group Direction (PGD) for the administration and supply of Polytar ® Liquid RVI by nursing staff

1. Clinical Condition

Clinical Condition.	Eczema or psoriasis of the scalp
Maturity of patient	Adult and Paediatric (all ages)
Criteria for inclusion	All patients with scalp dryness due to psoriasis
Criteria for exclusion	Hypersensitivity to Tar, Pea nut oil or any other ingredients of the liquid NB contains peanut oil
Action if excluded	Patient should be referred back to referring doctor
Action if patient declines treatment	Document patients refusal in the patients medical notes and refer patient back to referring doctor
Circumstances when further advice should be sought	If there are any adverse reactions to the treatment seek advice from referring doctor

2. **Characteristics of staff**

Class of health care professional to whom PGD applies	Named Nurse
Qualifications required	Qualified as a first level registered nurse working within Dermatology
Additional requirements	The qualified nurse must have worked within the Dermatology Department for a minimum of one year
Continuing training requirements	Attend courses relating to dermatology and a commitment to continuing updating of skills in discipline area Adhere to NMC recommendations on professional development, scope of practice and conduct

3 Description of Treatment

Name of Medicine	Polytar ® Liquid
Class of Medicine	Antipsoriatic agent and antipruritic
Legal Status	General Sales List medicine (GSL)
Medicine is licensed for clinical condition stated in PGD	Yes
Route of administration	Polytar liquid is applied topically to wet hair and massaged gently into the scalp to produce a lather. The hair is then rinsed with clean water and the process repeated
Pharmaceutical form and strength	Contains a Tar blend 1% :- Pine tar, Cade oil, Coal tar solution, Arachis (peanut) oil and extract of coal tar
Dose	Two applications
Frequency	Applied once or twice a week
Maximum amount to be supplied	One 150 ml bottle
Maximum period over which medicine should be applied	Continuous treatment
Common adverse effects	<ul style="list-style-type: none">• Skin Irritation• Photosensitivity• Sensitivity to Tar• Rash
Drug Interactions	None Known

3 Treatment continued

Action if patient experiences any adverse effects	Patient told to stop using Polytar ® liquid. All adverse reactions and treatment to be recorded in the patient's notes and referring doctor to be informed
Additional warning	This liquid contains peanut oil
Information on follow up treatment	None
Prescription to be supplied to patient	Attach addressograph label to PGD form Add quantity of each medication to be supplied Authorise supply by dating and signing PGD form Retain one copy of PGD form for patients notes Give patient copy of PGD to take to Pharmacy. Remind patients that they will be eligible for prescription charges when supply is made

4 Patient Information

Written / Verbal advice for patients	<p>During the treatment the patient is encouraged to participate and is instructed on how</p> <ul style="list-style-type: none">• Wash hair using Polytar ® liquid <p>The patient is also given verbal/written information regarding their condition and the telephone numbers of the Psoriatic Lead Nurse and the Psoriasis Association</p>
Records to be kept	<p>Record all treatment details in the patients nursing kardex and retain copies of all medicines given. A detailed discharge summary should be written in the patient's notes and a discharge sheet recording attendance, UVB and treatment given completed. The referring doctor should be given the notes and any followup appointment made</p>
Audit	<p>Practice to be reviewed each year</p>

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